



## **“Piloting a Holistic Mobility-Responsive CMD Management Model to Ensure Continuity of Care for Displaced and Vulnerable Populations in Jordan”**

- **Project duration:** 1/1/2026 – 31/12/2027
- **Target Areas:** Amman (50%), Mafraq (30%), and Irbid (20%).
- **The project is funded by** the Novo Nordisk foundation through Caritas Denmark and is implemented by Caritas Jordan (CJ) in partnership with Jordan University of Science and Technology (JUST).

The project aims to improve access to high-quality cardiometabolic disease (CMD) prevention and care for vulnerable and displaced populations in Jordan. It focuses on strengthening early detection, treatment, health education, and continuity of care, while promoting health literacy, patient empowerment, and long-term health outcomes, with particular attention to displaced and vulnerable populations, including Syrian returnees.

The project has two main components. First, **Caritas Jordan (CJ)** will implement an integrated CMD care model that includes primary health care, provision of medications and medical assistive devices, counselling on nutrition and mental health, referrals for secondary care for management of CMD complications, and cash-for-food service to improve nutrition, establish smoking cessation clinic, mobile medical unit and community awareness activities to identify at-risk individuals and promote healthy lifestyles.

Second, the **Jordan University of Science and Technology (JUST)** will develop and test a mobility-responsive model to ensure continuity of care for displaced populations. This includes conducting research on barriers to care, building the capacity of health workers, training CMD mobility ambassadors, enhancing health literacy, developing care plans, and assessing the feasibility of implementing patient-held medical records, alongside sharing evidence through policy briefs and a conference to support sustainability.